

## I, Daniel Blake Content Guidance

Age Guidance 14+

The show is based on the 2016 film of the same title and follows the story of Daniel Blake.

Daniel is a working-class Geordie in recovery from a heart attack. He has been advised not to work by his doctor but has been deemed fit for work at an assessment at the DWP (Department for Work and Pensions). Throughout the play we see him struggle with the bureaucracy of the benefits system and battle the prejudices faced by those seeking benefits.

During the course of the play, Daniel befriends a young single mother, Katie, who has been relocated to Newcastle by the Housing Association. We see her struggle to make ends meet as she tries to create a new start for herself and her daughter in Newcastle, which leads Katie to finding work at an escort agency and using foodbanks.

**The show contains frequent strong language, death of loved ones and potentially triggering references to grief, poverty, the benefits system, foodbanks and sex work.**